

SLD Homework Weekly Planner

Homework Pack Summer Term 2: Week 1

Class: SLD 1

National Growing for well-being week	Activity One	Activity Two	Activity Three	Activity Four
<p>Monday</p> <p>International Children's Day</p> <p>Did you take part in any challenges last week? If you did send in your photos/videos through class dojo and I will sent you your scores</p>	<p><u>Health and Fitness</u></p> <p>Take part in story yoga. (link below) This week's story is Tallulah the Owlet. How do you feel? Show an adult. (See pages below). Complete a physical management plan (Students who have one).</p>	<p><u>Maths</u></p> <p>This week we are learning that to take away means you will have less.</p> <p>To help us take away lets count backwards from 5, 10 or 20.</p> <p>Use the splat square to help you count backwards. You could also order the number cards in your home learning packs starting at the biggest number and going backwards.</p>	<p><u>Citizenship</u></p> <p>Today is international children's day. On international children's day we think about all children. All children are different and live in different parts of the world. Today let's think about our local community. It is built of people of all ages. Have a look through the PowerPoint and complete the drama activity. (There are some other options listed if you find this tricky). See PPT and PDF attached.</p>	<p><u>English</u></p> <p>Reading: Active Learn. Read or listen to the story assigned to you. Your login details were sent to you through Class Dojo.</p>

<p>this week. Well done!</p>				
<p>Tuesday</p>	<p><u>Health and Fitness</u> Complete a physical management plan (Students who have one). Choose a positive mental health activity to complete today. (see pages below) How do you feel? Show an adult. (See pages below) Breathing exercises. (link below)</p>	<p><u>Technology</u> Technology around the home. What technology do you and your family use in your home? Make a list of what you can find. You can create your list by writing, drawing or taking photos. If you would rather you can use my list below and see if you have these items in your home.</p>	<p><u>Enrichment</u> As its summer we see lots more creepy crawlies around! Today go on a walk if it is safe or go out into your garden. See how many mini-beasts you can spot. Use the tick sheet below to help you. How many can you find?</p>	<p><u>Maths</u> Finding 3D shapes and creating models. Lesson 3. (See link Below) You will need 3D shapes. This could be items from your recycling. You will also need a big container and a small container.</p>
<p>Wednesday</p>	<p><u>English</u> Fine motor skills. Can you practice some fine motor skills? (see the link below for ideas). Have a look at the first news section on our school website.</p>	<p><u>Maths</u> Squishy subtraction! This week we are learning that to take away means you will have less. With playdough (recipe below). Make the number of balls you need e.g. 4 - 2 I would need 4 balls. Now take away 2 balls</p>	<p><u>Citizenship</u> This week is national growing for well-being week. Complete one of the options below. Option 1: Take a look in your garden. Tender to the plants by watering them. Can you see any buds?</p>	<p><u>Health and Fitness</u> Complete a physical management plan (Students who have one). Can you complete a movement workout? See pages below.</p>

		<p>and squish them! How many are left? (See attached mats)</p> <p>Challenge: If this is easy for you ask a grown up to write some subtraction questions from 20.</p>	<p>Option 2: Plant some seeds, these could be flowers, herbs etc. You can watch them grow over time. (Like we did in school with our cress).</p> <p>Option 3: On your walk keep an eye out for different plants. What colours are they? Are there any with berry's on for the birds?</p>	
Thursday	<p><u>Health and Fitness</u></p> <p>Complete a workout with Joe Wickes. Complete a physical management plan (Students who have one). How do you feel? Show an adult. (See pages below) Can you listen to a guided meditation? (link below)</p>	<p><u>English</u></p> <p>Can you practice writing today?</p> <p>Option 1 - Place a material such as rice, flour, sand in a container. Can you use your fingers or a paint brush to make patterns or letter shapes.</p> <p>Option 2 - Ask an adult to write each letter of your name on a separate piece of paper.</p>	<p><u>Technology</u></p> <p>Help your adults prepare a meal today. You can choose if you would like to help with breakfast, lunch or tea. Follow simple instructions to create the meal. You can help chop, mix, stir etc. Send in a picture of your meals through class dojo, (See symbols below to assist).</p>	<p><u>Computing</u></p> <p>Use your computer or tablet to colour today. You could use the programme 'paint' to draw and colour your own picture or use the link below to access online colouring. Which are your favourite colours? (See link below).</p>

		<p>Can you order the letters in your name? Have a go at tracing the letters.</p> <p>Option 3 - Write a sentence about what you did last week in half term. If you don't remember what you did why not write a sentence about something you have enjoyed learning about this week?</p>		
<p>Friday World Environment Day Beat plastic pollution</p>	<p><u>Health and Fitness</u> NEW: Complete a 'just dance' workout. Complete a physical management plan (Students who have one).</p>	<p><u>Creative Arts</u> This week listen to the music links below but don't look at the screen. Can you guess which instrument is playing? Use the symbols below to help you.</p>	<p><u>Enrichment</u> This year for World Environment day the theme is 'Beat Plastic Pollution' Watch the video below to learn about plastic pollution. Save you're recycling this week (clean only) and see if you can make a tower from it. How tall can you make your tower? Can you make two towers and compare their height?</p>	<p><u>Celebration Assembly</u> Weekly review. What did you enjoy this week? What did you find tricky? Have you got any pictures of the fantastic work you have done this week? Send it through class dojo. Check the website to see the celebration of work from our school!</p>

Please feel free to get in touch through Class Dojo with any queries you may have. You can send in photos or videos of the students learning through the message feature of Class Dojo.

Additional Comments:

Health and Fitness

<https://www.youtube.com/user/thebodycoach1> - Joe Wicks family workout

<https://www.youtube.com/watch?v=2aje33UPixE> - Cosmic Kids Yoga

<https://www.youtube.com/watch?v=yQ4fTl4wbko> - Just Dance

<https://www.shambhala.com/sittingstilllikeafrog/> - Breathing exercises

<https://www.youtube.com/user/thebodycoach1> - PE with Joe Wickes

<https://www.youtube.com/watch?v=DWOHcGF1Tmc> - Guided Meditation

English

<https://www.activelearnprimary.co.uk> enter our school code gx6g. - Reading

<https://www.youtube.com/watch?v=MD86MGSBd8w> - Fine motor skills

<https://new.phonicsplay.co.uk/resources/phase/2/flashcards-speed-trials> - Speed sounds

Username: march20

Password: home

<https://home.oxfordowl.co.uk/reading/learn-to-read-phonics/> - Phonics support for parents/carers

Maths

<https://www.thenational.academy/specialist/numeracy/finding-3d-shapes-and-creating-models-specialist-wk4-3> - Oak National Academy 2D shape.

<https://www.bbcgoodfood.com/howto/guide/playdough-recipe> - How to make playdough

<https://primarygames.co.uk/pg2/splat/splatsq100.html> - Splat square

Enrichments

https://www.youtube.com/watch?v=ODni_Bey154 - Plastic Pollution

Creative Arts

<https://www.youtube.com/watch?v=wXV39pybgJU> - What instrument am I?

https://www.youtube.com/watch?v=XULUBg_ZcAU What instrument am I?

<https://www.youtube.com/watch?v=pd4j9osCNT4> What instrument am I?

Computing

<https://www.coloringpaintinggames.com/> - Colouring Game

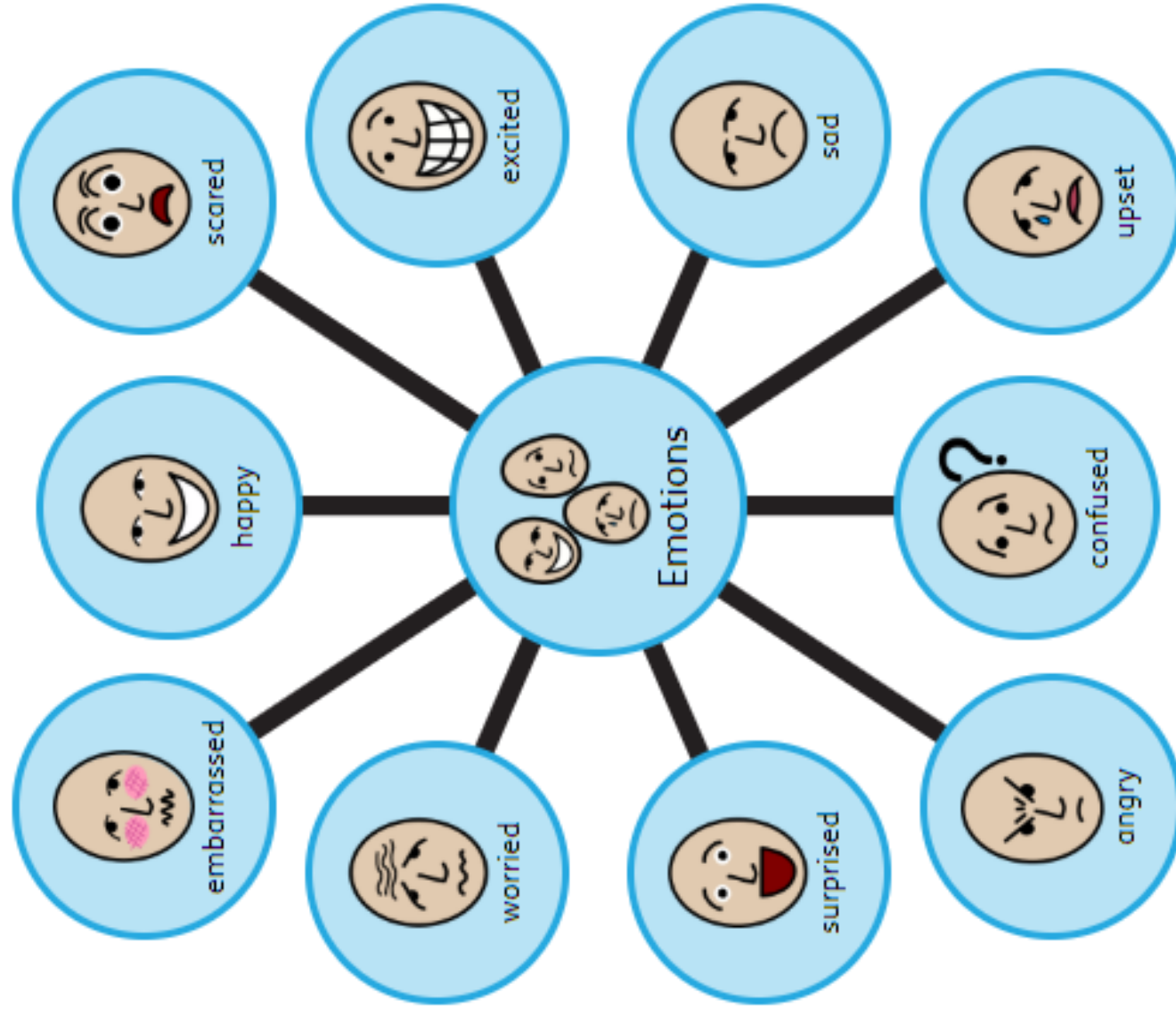

Additional Links




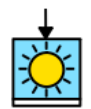
<https://ec1.educationcity.com/> Education City. Username: MaryElliotSchool Password: vhfp9X


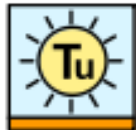

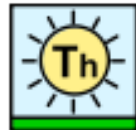
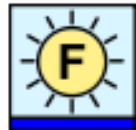

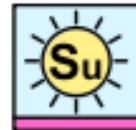
Choose a positive mental health exercise to do today.





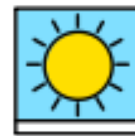
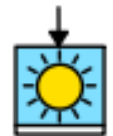
 <p>Go to</p>  <p>bed early</p>	 <p>Talk about</p>  <p>feelings</p>	 <p>quiet</p>  <p>reading</p>
 <p>go</p>  <p>outside</p>	 <p>exercise</p>	 <p>play a game</p>  <p>with someone</p>  <p>else.</p>

? How do you feel today?



 =   
What is the day today?

      
Monday Tuesday Wednesday Thursday Friday Saturday Sunday

     
(Show an adult the day today)

0

twinkl.co.uk

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Movement Workout



3



Choose from the movements listed below. Can you pick 3 to do?



Hop



on



one leg



for

30

seconds.



Jump



on



the



spot



for

30

seconds.



Run



for

3

minutes.



Move your arms



up



and



down



for

30

seconds.



Reach



and



pull



for



an



object.



Move



your head



side



to



side.

Minibeast Hunt

Tick the minibeasts that you have found!



spider



woodlouse



slug



butterfly



beetle



wasp



crane fly
(daddy-long-legs)



ladybird



earwig



dragonfly



snail



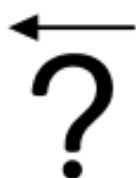
ant



millipede



worm



Did



you



find



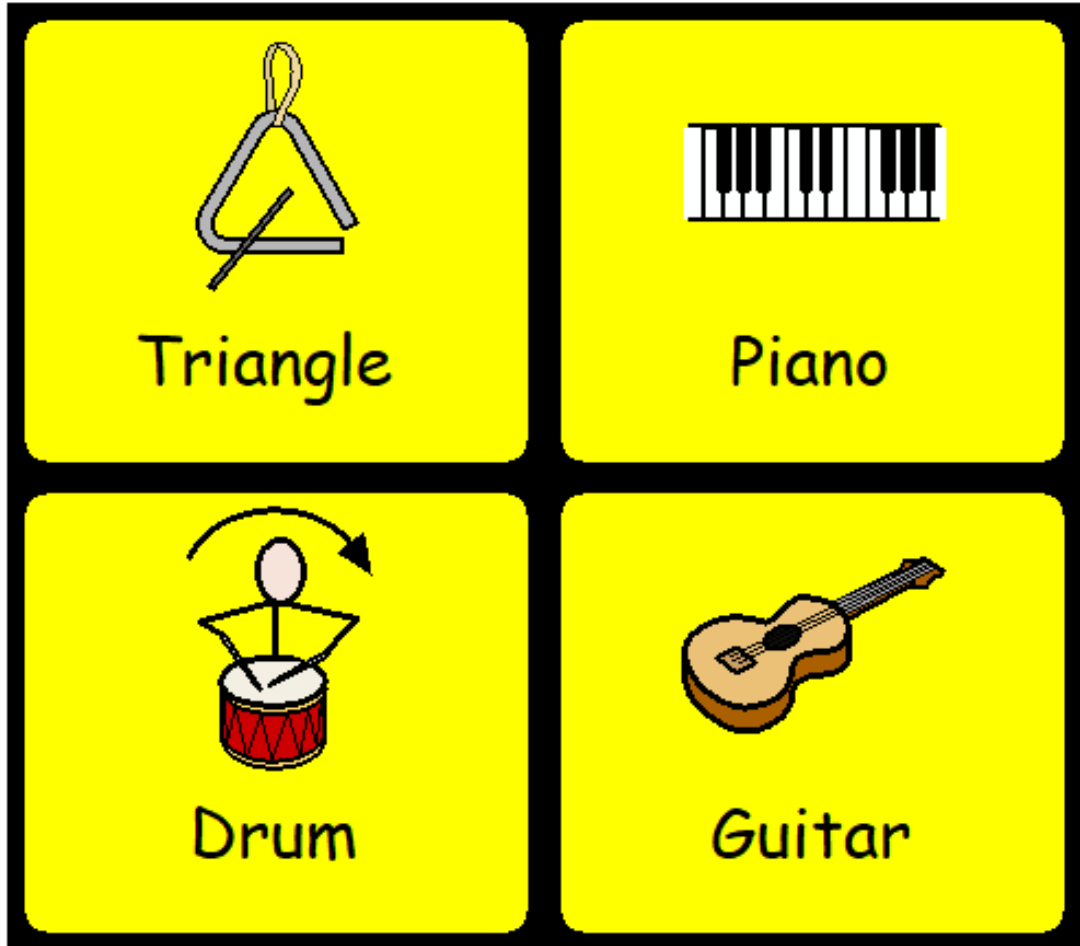
any
















others?

Creative Arts

Friday

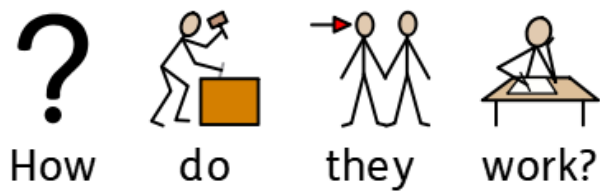


       
Listen to the music and choose the symbol.

    
What instrument can you hear?

Technology

Tuesday



Fan



Kettle



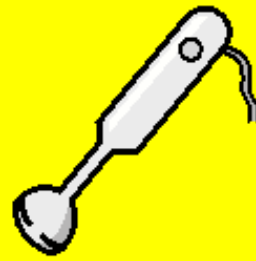
Hair Dryer



Lamp



TV



Blender



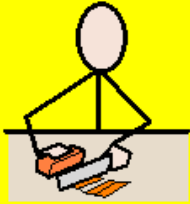
Remote



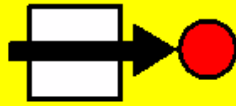
Charger

Technology

Thursday



Chop



Pass



Stir



Mix



Blend



Place



Cut



add