



Sensory Art

Sensory Art will be inspired by and based around one or more aspects of the terms theme. Sensory art will focus on multi-sensory experiences through art and creativity. The purpose of the activities is for the students to experience, explore, engage and respond to the resources and activities. The end product from the art work is never the focus. Sensory art can include exploring different art materials, such as paint, textured fabrics, 3D artefacts and art tools. Often these activities will be linked with music, sounds, smells, tastes and colours though lights and projections. Some sensory art lessons and activities may be repeated for the students to learn to recognise and anticipate the activities.

Example 1

Rangoli Art – Students will be offered different coloured sand, coloured flour, confetti, glitter, coloured sugar etc to feel, smell, taste (flour) and move around. This may involve students playing with and exploring sand in the desk or watching and tracking the sand being poured or reach their hands out to feel the pouring sand. Indian music may be playing during the activity and some herbs and spices may be mixed with the sand or flour to add an additional sensory element. Students may get to look at examples of Rangoli art, possibly making choices through eye pointing or reaching if appropriate. Students will be supported to pour/add the sand or flour etc. to a rangoli template however this will be the least important part of the lesson.

Example 2

Textured painting – Students will be given a variety of different objects with different textures such as spiky balls, sponges, fluffy material, nail brushes, scrunched up bags etc. Students will also be offered paint, this may be in a tray or poured over the table. Students to be encouraged to move, roll, drop, tap etc. the different objects into the paint and move them around creating different effects and patterns. Students may be given a tray with paint and spiky balls in to move around and watching and listen to them moving. Lively music may be played along to the activity to encourage more movement.

Example 3

Colours – a colour such as green will be chosen and lots of green resources provided, such as green jelly, corn flour and water with green food colouring, green spaghetti, and mint sauce. Green balloons, green plastic bags cut up and hanging/waving. Green images projected on the screen, green paints and green glitter. Students will get the chance to explore and respond to the different green resources and will be encouraged with support to paint or stick down green paper onto outlines of apples or trees to create pictures (this will be the least important part of the lesson)