

## **SET 5**

**This work covers the SET curriculum areas with activities and ideas/online links to be completed at home.**

### **Communication**

<https://sensorystoriespodcast.com/special-stories/>

A website for sensory stories and reading – choose a sensory story and adapt resources to what you have around the house. Repeat the same story a couple of times a week and see if there is any anticipation for what comes next in the story.

### **Sensory Story**

A link for the music we are currently listening to as our theme is The Greatest Showman

<https://www.youtube.com/watch?v=NyVYXRd1Ans&list=PLi0vNpDrBJPdGH3LoC85PgixsOq5vDUV3>

### **Story Massage**

[https://www.youtube.com/results?search\\_query=story+massage+free+resources](https://www.youtube.com/results?search_query=story+massage+free+resources)

<https://www.youtube.com/watch?v=5lnqLXvthqE> - The Greatest Showman Story Massage

Please follow the link to see story massage videos with stories you can follow and join in with.

### **Objects of reference/Sensory Cues**

This may include introducing students to a certain aroma e.g. vanilla or coconut prior to having a bath/shower. This could be a favourite bubble bath presented to each time they go for a bath/shower. Repeat this every time the student has the same activity.

If the student is leaving the house use a certain texture/piece of material or coat given for them to feel prior to leaving the house. This is to be done every time they leave the house.

### **Problem Solving**

Students exploring different noises and looking for where the sounds have come from, recognising that something is still there even if it cannot be seen/felt.

Students taking part in a repetitive sensory story and recognising what is going to happen and showing anticipation.

Students to look at shapes e.g. food in that particular shape, making a collage of that shape and other objects around the house in that particular shape.

Students to look at space e.g. filling and emptying different size containers with water, dry rice and pasta.

## **Creativity**

Students will be offered different coloured sand, coloured flour, confetti, glitter, coloured sugar etc to feel, smell, taste (flour) and move around.

Textured painting – Students will be given a variety of different objects with different textures such as spiky balls, sponges, fluffy material, nail brushes, scrunched up bags etc. Students will also be offered paint, this may be in a tray or poured over the table. Students to be encouraged to move, roll, drop, tap etc. the different objects into the paint and move them around creating different effects and patterns. Students are offered colours they can choose from.

Collage- Students will be given a variety of different colour paper for them to make collages with.

Mark Making- Students will be given a picture for them to mark make on to colour in the picture.

<https://www.twinkl.co.uk/resource/t-t-2432-circus-colouring-sheets> - Colouring in

<https://artscraftsymom.com/10-circus-crafts-and-activities-for-kids/> - Circus craft ideas

## **The World Around Us**

This subject should include students exploring different cultures including the sounds, smells, sights, music and tactile items associated with different cultures. Examples cumin and dry rice for India, chilli for South America. Students to spend time looking at themselves in the mirror and photos of them to see if they give a reaction.

## **Physical Health**

It is important that students have time to be active e.g running, throwing/catching, jumping and kicking a ball.

Massage is a nice way to help the students to relax their bodies after being active, with some sensory music

<https://www.youtube.com/watch?v=FtZ-P2iz-M8> this moon mood music is used in class so will be familiar to the students.

## **Developing Skills**

This area works on task development and skills such as task development and skills such as washing their hands, brushing their teeth, brushing their hair, being helpful when getting changed and being helping with washing items up.

## **Sensory Exploration**

This is meant to be an immersive experience and for the sense to be stimulated.

Please see attached resource on Sensology.

## **Recording activities and responses.**

Please see attached log for you to print (if you can) and record responses. This could also be completed in home/school diaries or simply on a piece of paper. You can add photo to if you have the resources to do this and put comments on the back of the photos.

**Online links**

See also the attached resource giving online links to different websites for activities.